

Spring 2020 Counseling Division Lecture Series

Seminar / Date / Time / Location / Presenter / Synopsis

Scholarships 101

Wednesday, January 29th 9:00-10:15 KSC1000B

Presented by: Paul Gonzales, Student Services Specialist - PVCC Financial Aid Office

Scholarships 101 will cover everything from how to conduct a proper scholarship search, create a winning application, how to compose essays, the importance of thank you letters and how to avoid scholarship scams

Bio
Paul has worked in higher education for 20 years. Paul has extensive experience in helping students find ways to help pay for their college education through Financial Aid and Scholarships. Paul has been Scholarship Coordinator at Estrella Mountain Community College and now at Paradise Valley Community College. As Scholarship Coordinator, he works closely with students, staff and donors ensuring access to scholarship funds for all students.

What is Academic Success Coaching?

Wednesday, February 12th & Thursday, February 13th 3:00-4:15 KSC1000B

Presented by: Samantha Francois, Academic Success Coach - PVCC Learning Success Center

Academic Success Coaching at PVCC helps students develop skills, behaviors, and habits that contribute to success in their academic journeys, focusing on academic & career goal-setting, learning strategies, time management, organizational skill development, accountability, and self-efficacy. Join us for a brief presentation & an interactive game that reinforce your understanding of academic success coaching

Bio
Samantha Francois is an Academic Success Coach at Paradise Valley Community College which entails supporting students to achieve their visions of success. She has a background in the non-profit sector, working on issues such as sexual and domestic violence prevention, refugee resettlement, public health, and affordable housing. Samantha is originally from Brooklyn, New York and holds a BA in Psychobiology with a minor in Latin American and Caribbean Studies.

How I found my Purpose & Other Scary Stories about Public Health!

Wednesday, February 26th from 10:30-11:45 KSC1000B

Presented by: Mary Lou Lauer, PVCC Faculty-Health & Exercise Science Div.

So you think you'd like to work in the healthcare industry but you know that taking care of sick people just isn't your thing? But do you like people in general and believe that everyone deserves to be healthy? Are you interested in promoting clean air, food, and water? Can you speak a second language and do you like to travel? Then you might want to take a look at the field of public health! Join me as I tell you how I found my purpose and how I ended up with a career in public health. Come on over.....it might be fun!

Bio
Mary Lou Lauer is currently the Director of and teaches courses in PVCC's Integrated Public Health Program. At Ohio State she majored in so many different things, but always came back to her first love: microbiology and infectious diseases. She went to the University of Iowa to study for her Ph.D. and did her doctoral research on HIV and AIDS.

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Mid-Term Stress Management; Lunch & Learn

Wednesday, March 4th from 12:00-1:15 KSC1000B

Presented by: Nassim Sana, PVCC Counseling Division

Mid-term exam Worries? Feeling overwhelmed? Procrastinating? Tired? Join us to relax, re-balance, & reboot! A presentation designed to increase stress management skills.

Soft Skills in the Workplace

Monday, March 23rd from 10:30-11:45 KSC1000B

Presented by: PVCC Career Services' Norma Chandler, Phd MBA, Manager & John McCrudden MS, Career Advisor

This presentation will introduce workplace skills and soft skills employers look for in candidates as researched by the National Association of Colleges Employers (NACE) and Secretary's Commission on Achieving Necessary Skills (SCANS).

Attendees will be guided through an exercise experiencing an actual work project and applying the soft skills introduced. Participants will assess their soft skills through a soft skills scorecard and participate in an open discussion on how to further develop soft skills and workplace skills and attributes.

Applying Community Cultural Wealth to your Purpose!

Wednesday, April 8th from 2:00-3:15 KSC2009

Presented by: Andrea Macias, PVCC Counseling Division

Community Cultural Wealth is a model that includes six types of cultural capital intended to transform the academic experiences of diverse learners to a liberatory college-going culture (Yosso, 2005). This model considers the talents, strengths, and experiences that students bring to the college environment that can encourage a positive, successful experience. Participants will examine the role that cultural influences have in student learning. The presentation will allow for conversations that can promote cultural introspection.

Bio
Andrea Macias-Murrieta is a Counselor at Paradise Valley Community College. Andrea is a native of Phoenix, Arizona. Her experiences include, Hoop of Learning Coordinator, Student Services Specialist and as Counselor in a Behavioral Health agency in South Phoenix. Andrea holds a BA in Social and Behavioral Sciences and a Master of Counseling.