

## Complio Best Practices



You have received this form because you have placed an order that contains a drug screen. Before going to your appointment, please review the information below.

### About Your Drug Screen Order

- During the ordering process, you selected a collection site for where you will need to make an appointment. If you need a new collection site, please contact us at [DS@americandatabank.com](mailto:DS@americandatabank.com) or call us at 1-800-200-0853.
- An Electronic Authorization Form was provided to you via email upon payment for your order. Please be sure to take this form with you to the drug screen collection site that you selected. Without this form you will not be able to submit your specimen.

### Before Your Appointment

- Do Not drink more than 8 oz of water fluid in the 2 hours before giving a urine sample. An abundance of fluid in the body will result in a "dilute" reading, which constitutes a "flagged" result. Having a flagged result MAY require you to reorder and repay for a new test.
- At the facility, if you are not able produce a urine sample when requested, contact your school for how to proceed.
- Please note – You are required to go to the site you selected when ordering. If you go to a collection site other than what was selected, you may be subject to additional collection fees.
- To avoid a possible low-level opiate result, be sure to avoid foods with poppy seeds. Having a flagged result may require you to reorder and repay for a new test.
- If you are on a prescription medication, please be sure that you keep that information as if there is an initiative positive you will be contacted by the Medical Review Officer and possibly asked to produce prescription information.

### Receiving Your Results and Gaining Compliance

- If you test positive for a substance, contact your school for further instructions.
- If you receive a green flag on your drug screening, you will need to complete the Pass Certificate to become compliant.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date