

NAME \_\_\_\_\_

**PVCC NUTRITION & DIETETIC TECHNOLOGY PROGRAM  
COMPETENCY CHECKLIST (Spring 2023)**

SEMESTER \_\_\_\_\_ DATE \_\_\_\_\_

**FON246AB COMMUNITY NUTRITION – 133 hours**

Please evaluate intern’s demonstration of each AND competency as:  
 5: Met Competency Independently and Exceeded Expectations.  
 4: Met Competency Independently  
 3: Met Competency with Occasional Support  
 2\*: Required Frequent Support  
 1\*: Did Not Meet Competency  
**\*Note:** A score of 1 or 2 means that the student will not get any credit for this competency.

DI Competencies	Planned Learning Experience	Rating	Preceptor Initials/ Date
CNDT 1.1 Assess data, references, patient education materials, consumer and other information from credible sources.	<ul style="list-style-type: none"> <li>• <b><i>When creating a community nutrition project or presentation, choose a minimum of 5 reputable, scientific sources for research data</i></b></li> <li>• <b><i>Identify and cite sources</i></b></li> <li>• <b><i>Research the Academy of Nutrition and Dietetics Evidenced-based library (must be member of the Academy to access the Evidenced-based library)</i></b></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 1.2 Evaluate consumer information to determine if it is consistent with accepted scientific evidence	<ul style="list-style-type: none"> <li>• <b><i>Critique an existing website based on accuracy of information.</i></b></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 1.4 Implement actions based on care plans, protocols or policies and evidence-based practice	<ul style="list-style-type: none"> <li>• <b><i>Review nutrition care plans as written to ensure patient receives appropriate care</i></b></li> <li>• Review nutrition care outcome documentation</li> <li>• Measure and document nutrition care outcomes</li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.1 Adhere to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Practice for the Nutrition and Dietetics Technician, Registered, Standards of Practice, Standards of Professional Performance, and Code of Ethics for the Profession of Nutrition and Dietetics	<ul style="list-style-type: none"> <li>• <b><i>Review and understand Code of Ethics and SOP for NDTR’s (include copies in binder)</i></b></li> <li>• <b><i>Conform to HIPAA Policies &amp; Procedures (include copies in binder)</i></b></li> <li>• <b><i>Complete the “Ethics and You” case study and participate in a facilitated discussion on the case study.</i></b></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.2 Use clear and effective oral and written communication	<ul style="list-style-type: none"> <li>• <b><i>Develop a new or revise an existing nutrition education pamphlet or handout. (Assignment #1)</i></b></li> <li>• <b><i>Review, modify, dev material available at each site.</i></b></li> </ul>	5 <input type="checkbox"/>	

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		4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.3 Prepare and deliver sound food and nutrition presentations to a target audience	<ul style="list-style-type: none"> <li>• <i>Create and conduct a food and nutrition education presentation appropriate to the target group or audience.</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.4 Demonstrate active participation, teamwork and contributions in group settings	<ul style="list-style-type: none"> <li>• <i>Collaborate with dietetic team to complete nutrition project.</i></li> <li>• <i>Attend and participate in interdisciplinary team meetings, community organization meetings, and nutrition education planning meetings</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.7 Participate in professional and community organizations	<ul style="list-style-type: none"> <li>• <i>Participate in community event</i></li> <li>• <i>During the semester, attend district dietetic association meeting or other professional meeting.</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.8 Demonstrate professional attributes in all areas of practice	<ul style="list-style-type: none"> <li>• <i>During the community rotations, complete work at an acceptable level within the defined professional attributes.</i></li> <li>• <i>Complete assignments within acceptable time constraints</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.9 Show cultural humility in interactions with colleagues, staff, clients, patients and the public	<ul style="list-style-type: none"> <li>• <i>Complete a cultural competency self-assessment (<a href="https://www.clchpa.org">https://www.clchpa.org</a>) and develop a plan to enhance skills in providing care to clients from other culture.</i></li> <li>• <i>Complete the “Gaining Cultural Competencies in the Muslim Community” case study and participate in a facilitated discussion on the case study.</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.10 Advocate for local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession	<ul style="list-style-type: none"> <li>• <i>Attend legislative/public policy meeting or write to one of your legislators regarding a nutritional issue (AZAND or alternate activity)</i></li> <li>• <i>Develop an understanding of some the barriers that people face in obtaining a nutritional adequate diet (SNAP challenge, poverty simulation, meal-on-wheel visits, home visits, work at a food bank) and discuss how state and local policies impact services to those people at risk.</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	

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CNDT 3.3 Provide nutrition and lifestyle education to well populations	<ul style="list-style-type: none"> <li>• <i>Develop an educational piece (pamphlet, newsletter article or bulletin board) or a presentation on a nutrition and lifestyle topic to members of the community in various age groups, cultures and/or religions</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 3.4 Promote health improvement, food safety, wellness and disease prevention for the general population	<ul style="list-style-type: none"> <li>• <i>Develop an educational piece (pamphlet, newsletter article or bulletin board) or a presentation on a prevention topic around food safety or nutrition to members of the community in various age groups, cultures and/or religions.</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 3.5 Develop print and electronic nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience	<ul style="list-style-type: none"> <li>• <i>Develop a nutrition education message for social media.</i></li> <li>• <i>Evaluate the educational level of a consumer education pamphlet.</i></li> <li>• Evaluate the literacy level of an existing nutrition education pamphlet.</li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 4.3 Use current information technologies to develop, manage and disseminate nutrition information and data	<ul style="list-style-type: none"> <li>• <i>Observe the use of the WIC electronic client care system</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 4.5 Implement and adhere to budgets.	<ul style="list-style-type: none"> <li>• <i>Complete the community nutrition needs assessment project using health data to identify nutrition related health problems, develop a nutrition plan targeted toward an identified health problem and target population, develop a budget for a grant proposal request (\$100,000 - \$150,000). (Assignment #2).</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 4.6 Assist with marketing clinical and customer services	<ul style="list-style-type: none"> <li>• <i>Participate in marketing an event or special program for a community organization.</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement	<ul style="list-style-type: none"> <li>• <i>Self-evaluation at end of rotation.</i></li> <li>• Completion of practice examination for NDTR questions</li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	

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CNDT 5.3 Prepare a plan for professional development according to Commission on Dietetic Registration guidelines.	<ul style="list-style-type: none"> <li>• <i>Introduce CDR PDP</i></li> <li>• <i>Start planning process for DTR registration continuing education</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 5.5 Promote team involvement and value the skills of each member.	<ul style="list-style-type: none"> <li>• <i>Collaborate effectively and promote teamwork in group projects and presentations during practicum. (School district presentations and course projects. Also meets CNDT 1.4)</i></li> </ul>	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	

**Assignment #1:** Revise an existing nutrition education piece or develop an entirely new piece. Determine your target audience, age group, readability level, and currency of information. Research current nutrition information on topic to be included. Revise the piece to incorporate updated information. Determine reading level of the finished product using the SMOG index or another readability assessment formula. Write 2-page summary explaining why you made the changes or developed the piece. Additional guidelines will be given by instructor. (CNDT 2.2)

**Assignment #2:** Complete the community nutrition needs assessment project using health data to identify nutrition related health problems in Maricopa County, develop a nutrition plan targeted toward an identified health problem and target population, develop a budget for a grant proposal request (\$100,000 - \$150,000) (CNDT 4.5)

*As part of the Nutrition and Dietetic Technology Program, students must complete all the following within the overall practicum portion of the coursework:*

PROJECT TITLE**	Project Description: (REQUIRED)	Preceptor Initials & Date:

GROUP PRESENTATION TITLE**	Presentation Description: (REQUIRED)	Preceptor Initials & Date:

INTERVIEWING/ COUNSELING SESSION**	Session Description: (OPTIONAL)	Preceptor Initials & Date:

\*\*See Attached Checklist for further evaluation.