

NAME _____

**PVCC NUTRITION & DIETETIC TECHNOLOGY PROGRAM
COMPETENCY CHECKLIST (Summer 2023)**

SEMESTER _____ DATE _____

FON245AB MEDICAL NUTRITION THERAPY- 167 hours

Please evaluate intern's demonstration of each AND competency as:
 5: Met Competency Independently and Exceeded Expectations.
 4: Met Competency Independently
 3: Met Competency with Occasional Support
 2*: Required Frequent Support
 1*: Did Not Meet Competency

***Note:** A score of 1 or 2 means that the student will not get any credit for this competency. A score of 3 or higher is required for all CNDT's to pass the practicum. *CNDTs in purple count as hours but are completed off-site by the student and evaluated by the course instructor vs preceptor. Required Planned Learning Experiences are in bold. Alternate experiences are suggested, but not required.*

DI Competencies	Planned Learning Experience	Rating	Preceptor Initials/ Date
CNDT 1.4 Implement actions based on care plans, protocols or policies and evidence-based practice	<ul style="list-style-type: none"> • Review and become familiar with site policy and protocol for nutrition services (maintain copies for your binder if permitted) • Implement an intervention or action that is consistent with the nutrition care plan, e.g., honoring patient food preferences, ordering between meal snacks, completing calorie count 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.1 Adhere to current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Practice for the Nutrition and Dietetics Technician, Registered, Standards of Practice, Standards of Professional Performance, and Code of Ethics for the Profession of Nutrition and Dietetics	<ul style="list-style-type: none"> • Demonstrate understanding of Code of Ethics and SOP for NDTR's by completing online learning and quiz (include copies of Code of Ethics and quiz in binder) • Conform to HIPAA Policies & Procedures (include copies in binder) • Review Joint Commission Standards for nutrition services (include copies in binder) 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.2 Use clear and effective oral and written communication	<ul style="list-style-type: none"> • Describe education materials available at each site and evaluate appropriateness for patient population • Conduct dietetic education (min of 2 Interview/Counseling Evals and try to include Diabetes, Cardiac and/or 1 of your choice) • Case Study Assignment- presentation to preceptors and to classmates 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.4 Demonstrate active participation, teamwork, and contributions in group settings	<ul style="list-style-type: none"> • Attend and participate in department and/or interdisciplinary team meetings • Collaborate with dietetic team to provide nutritional care and education 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	

DI Competencies	Planned Learning Experience	Rating	Preceptor Initials/ Date
CNDT 2.5 Function as a member of interprofessional teams	<ul style="list-style-type: none"> Attend interprofessional rounds, care conferences, or other interprofessional team meeting. (Examples: Patient Safety, Infection Prevention, EMR Council, Readmissions, Wound Care, Rehab) Work collaboratively with other health care students, SLP, PT, OT, Wound Care RN, etc. to provide medical nutrition therapy/wellness information. 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.6 Refer situations outside the nutrition and dietetics technician scope of practice or area of competence to a registered dietitian nutritionist or other professional	<ul style="list-style-type: none"> Identify 3 patient diagnoses appropriate for the DTR to provide care and 3 situations that would prompt a referral to the RDN. Describe the referral process of patients to other healthcare disciplines or community agencies, as indicated, throughout Medical Nutrition Therapy (MNT) Practicum 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.8 Demonstrate professional attributes in all areas of practice	<ul style="list-style-type: none"> Identify a patient need and provide the appropriate nutritional education or service Performance review by preceptor(s) Complete assignments within acceptable time constraints 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 2.9 Show cultural humility in interactions with colleagues, staff, clients, patients, and the public	<ul style="list-style-type: none"> Describe an interaction with patient or staff member that demonstrates cultural humility Provide culturally appropriate education to patients, colleagues, or staff (i.e., cultural food guides, language appropriate materials) 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 3.1 Perform nutrition screening and identify clients or patients to be referred to the registered dietitian nutritionist	<ul style="list-style-type: none"> Review nutrition screening procedures (Nutrition Screening Assignment) Complete several nutrition screenings, indicate when further nutrition assessment is needed, and discuss with the preceptor. Refer patients according to site policy/protocol to RDN throughout Medical Nutrition Therapy (MNT) Practicum 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 3.2 Perform specific activities of the Nutrition Care Process as assigned by registered dietitian nutritionists in accordance with Scope of Practice for the Nutrition and Dietetics Technician, Registered, for individuals, groups, and populations in a variety of settings.	<ul style="list-style-type: none"> Perform screening for risk of malnutrition; describe screening tool used and the level of nutrition care indicated Assess and document nutritional status of patients (min 2) Identify monitoring criteria used to evaluate effectiveness of nutrition intervention Review and describe 3 assessment skills (i.e., ht, wt, BMI, waist circumference, resting heart rate, BP, BEE calculations, body composition, lab values) used to assess nutrition status 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 3.4 Promote health improvement, food safety, wellness, and disease prevention for the general population	<ul style="list-style-type: none"> Provide or assist with projects, presentations, special nutrition events for patients, employees, community classes, etc. Briefly explain nutrition education opportunities provided by the facility to the general population 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	

DI Competencies	Planned Learning Experience	Rating	Preceptor Initials/ Date
CNDT 3.5 Develop nutrition education materials for disease prevention and health improvement that are culturally and age appropriate and designed for the literacy level of the audience	<ul style="list-style-type: none"> • <i>Develop a handout for disease prevention; identify the disease/condition, target audience, age group, and literacy level used</i> • <i>Create or edit site appropriate education materials</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 3.6 Present an educational session to a target population.	<ul style="list-style-type: none"> • <i>Research, design and deliver a presentation at your site to the patients or staff on a topic recommended by your preceptor</i> • <i>This will count as the Group Presentation requirement</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 4.3 Use current information technologies to develop, manage and disseminate nutrition information and data	<ul style="list-style-type: none"> • <i>Briefly explain use of technology at practicum sites (EMR, food service programs, CBORD) and how the various programs interface</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
CNDT 4.6 Assist with marketing clinical and customer services	<ul style="list-style-type: none"> • <i>Review current marketing of clinical services</i> • <i>Design a Brochure, Handout, or Bulletin Board as needed</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
<i>CNDT 5.1 Perform self-assessment that includes awareness in terms of learning and leadership styles and cultural orientation and develop goals for self-improvement</i>	<ul style="list-style-type: none"> • <i>Self-evaluation at the end of the rotation.</i> • <i>Completion of practice MNT NDTR questions</i> • <i>Include completed MNT Study Guides</i> • <i>Write 3-5 goals for self-improvement</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
<i>CNDT 5.2 Identify and articulate one's skills, strengths, knowledge, and experiences relevant to the position desired and career goals.</i>	<ul style="list-style-type: none"> • <i>Write a cover letter that is geared towards a desired position as a Clinical NDTR at the end of your practicum experience highlighting your skills, strengths and experiences.</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
<i>CNDT 5.6 Mentor others.</i>	<ul style="list-style-type: none"> • <i>Describe your role as a mentor in the nutrition profession.</i> • <i>Reflect on a past experience where mentoring helped you to be successful and meet goals.</i> 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	

<p><i>CNDT 5.7 Identify and articulate the value of precepting.</i></p>	<ul style="list-style-type: none"> • Summarize and reflect on your experience working with preceptors and the value it holds to future nutrition professionals. • Include copies of articles and academy statements on precepting in binder 	5 <input type="checkbox"/> 4 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 1 <input type="checkbox"/>	
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Note: All competencies must be completed (even if completed in a prior practicum class) and planned learning experiences must be completed. Include evidence in binder for each competency along with a competency journal for each.

Below are 2 assignments to meet practicum requirements:

1. Case study of a patient at your medical facility. This patient must be one you have performed the initial assessment and had a f/u visit (if possible). A written case study will be due, as well as an oral presentation to the staff at your facility and your class. The case study should include a brief history, medical information and nutritional assessment, the plan of care, educational needs and the continuum of care. Additional assignment guidelines will be provided by your instructor. (CNDT 2.2)

2. Nutrition Screening Documentation. A written description, as well as an oral presentation in class, of the method of nutrition screening documentation and charting currently used at your facility will be required. Provide a confidential example of forms used, charting format and/or printouts of computerized charting. Additional guidelines will be given by the instructor. (CNDT 3.1, 3.2)

All of the following must be completed within the overall practicum portion of the coursework:

INTERVIEWING/ COUNSELING SESSION TYPE	Session Description: (Minimum 2 REQUIRED, See CNDT 2.2) 45 points each	Preceptor Initials & Date:
		/45
		/45

GROUP PRESENTATION TITLE	Presentation Description: (REQUIRED, See CNDT 3.6) 20 points	Preceptor Initials & Date:
		/20

PROJECT TITLE	Session Description: (REQUIRED, See CNDT 3.4) 15 points	Preceptor Initials & Date:
		/15